Whitman Nomogram

Jeffrey Whitman, MD

Ages 40 - <60		
	0.70 to <1.00 D	4 mm x 1
	1.00 to 1.50 D	4 mm x 2
	1.50 to 2.25 D	5-6 mm x 2. Do pachymetry. (longer for younger side of age range)
	2.25 to 3.00 D	7-8 mm x 2. Do pachymetry. (longer for younger side of age range)
>60 years of age: take 1 mm off each measurement		

- For best results, use a 600 micron diamond LRI blade for all incisions up to 6 mm.
- If 6 mm or more, perform pachymetry over the area marked and go as deep as 650 microns when indicated.
- Individual results may vary depending on where in the limbal area incisions are made.
- Watch your results and vary incision placement accordingly.

This resource is intended for use by physicians and other healthcare professionals involved in patient care. It is not intended and should not be construed as medical advice, nor is it intended to replace sound clinical judgment in the delivery of healthcare services. All medical and clinical data contained or made available in this resource is intended to supplement the knowledge of physicians and other healthcare professionals involved in patient care. The absence of a warning for a given procedure, technique or suggestion contained in this resource should not be construed to indicate that such procedure, technique or suggestion is safe, appropriate or effective in any given patient.